



1-2-3 Magic[®] & Emotion Coaching

EQUIPS YOU WITH THE KNOWLEDGE TO TEACH PARENTS AND CARERS OF 2-12 YEAR-OLDS SKILLS TO MANAGE THEIR CHILDREN'S DIFFICULT BEHAVIOUR

ONE-DAY PROFESSIONAL DEVELOPMENT FOR COMMUNITY, HEALTH & EDUCATION PRACTITIONERS WORKING WITH CHILDREN AND/OR THEIR FAMILIES

WHAT'S INCLUDED

- A comprehensive training manual to teach parents 1-2-3[®] Magic & Emotion Coaching in a three meeting parent education course or in one-to-one sessions.
- Digital practitioner materials including a slideshow for parent presentations (this excludes the 1-2-3 Magic[®] DVDs).
- Session-by-session guidelines for parent meetings.
- A certificate of completion.
- A licence to teach the program for three years.
- Lunch and refreshments.

See curriculum details overleaf

Active PD points apply

RATE CARD

- Early bird single @ \$399
- Early bird double + pass @ \$369
- Early bird triple + pass @ \$330
- Full fee @ \$499 (starts 2 weeks prior to event date)
- Refresher @ \$199



JOIN OVER 12,500 PROFESSIONALS TRAINED BY US

REGISTRATION

Register online www.parentshop.com.au/123-magic-and-emotion-coaching/

NAME		
ORGANISATION		
STREET ADDRESS		
SUBURB	STATE	P/C
EMAIL		
PHONE	FAX	

Quantity

COURSE LOCATION / DATE
DIETARY REQUIREMENTS

Terms & conditions of enrolment apply

PAYMENT METHOD

Credit Card (Mastercard/ Visa) Invoice

NAME ON CARD	
CARD NO	
EXPIRY	CCV

Cheque payable to Parentshop PTY LTD enclosed

SUBMIT

SCAN & EMAIL info@parentshop.com.au
FAX 02 6680 8900 CALL 1300 738 278

I agree to the terms & conditions
Visit <http://www.parentshop.com.au/terms-conditions-scheduled-courses/>

EXPECTED LEARNING OUTCOMES

- The ability to conduct the 1-2-3 Magic® & Emotion Coaching program, as either a three-meeting parent education course or one-to-one.
- Knowledge of easy-to-use techniques that parents and carers can use to help children develop self-control and respond with flexibility to frustration.

LESSON FRAMEWORK

- An overview of discipline approaches in contemporary Australia.
- Coverage of contemporary thinking in child development, particularly the differences between adult and children's cognitive abilities.
- Sorting behaviours: what's involved and the implications for how parents will respond.
- Common mistakes in addressing misbehaviour, particularly the problem with too much talk and too much emotion.

- Choosing your strategy – the three choices: do nothing, emotion coach or use 1-2-3 Magic®.
- Processes of pattern-establishment and change: how negative reinforcement works, the characteristics of patterns, how to interrupt patterns and extinction bursts.
- Response flexibility in parents and carers: knowing how to avoid getting 'hooked' by children's negative emotions.
- Using 1-2-3 Magic®: what it's used for and what it's not used for, how it's done properly, how to implement it at home, how to avoid the two biggest mistakes of parenting.
- Developing response flexibility in children: emotion coaching and cognitive strategies parents can teach children.

EVIDENCE BASED EFFICACY

- Three recent research studies demonstrate the efficacy of the 1-2-3 Magic® & Emotion Coaching program in significantly decreasing children's behaviour problems. Visit our website for more information on research.

WHAT PROFESSIONALS ARE SAYING...

■ This was an excellent training day. It should be compulsory for all child and family health nurses. The day covered all aspects of our practice in a practical and relevant way.

JANE CALDWELL, MATERNITY CHILD HEALTH

■ Fantastic course that gets down to basics using the latest research and principles on children's brain development in an easy-to-learn way for families of all walks of life. Gives parents back the power to know how they can be their child's first teacher with practical 'how to' solutions.

KRISTY JENSEN, CENTACARE

ABOUT

THE COURSE CREATOR _____ Michael Hawton, MAPS.

Michael Hawton is a psychologist, trained teacher and author. He has worked as an expert witness in The Family Court of Australia and The NSW Children's Court. He is a highly experienced mediator and has developed several nationally recognised parenting, practitioner and teacher PD courses. These programs have been taught to over 110,000 professionals, parents and teachers since 2006.

OUR PRESENTERS _____

Our dynamic and engaging presenters have been sourced from a variety of professions and bring with them years of practical experience within their chosen field.

Call 1300 738 278 or email us at info@parentshop.com.au