



# Engaging Adolescents™

**EQUIPS YOU WITH THE KNOWLEDGE TO TEACH PARENTS AND CARERS  
SKILLS TO RESOLVE TEENAGER BEHAVIOUR PROBLEMS**

**ONE-DAY PROFESSIONAL DEVELOPMENT FOR YOUTH & FAMILY SUPPORT SPECIALISTS**

## WHAT'S INCLUDED

- A comprehensive training manual to teach parents Engaging Adolescents™ in a three meeting parent education course or in one-to-one sessions.
- Digital practitioner materials including a slideshow for parent presentations (this excludes the Engaging Adolescents™ DVDs).
- Session-by-session guidelines for parent meetings.
- A certificate of completion.
- A licence to teach the program for three years.
- Lunch and refreshments.

See curriculum details overleaf

Active PD points apply

### CAN'T MAKE OUR SCHEDULED COURSE DATES?

Talk to us about convenient & cost effective in-house training for your staff. Email [service@parentshop.com.au](mailto:service@parentshop.com.au)

Wednesday **9th May 2019**

**CAMPBELLTOWN** | Catholic Club

Wednesday **5th June 2019**

**BRISBANE** | South Leagues Club

Wednesday **31st July 2019**

**MELBOURNE** | Jasper Hotel

Wednesday **14th August 2019**

**SYDNEY** | The Epping Club

## RATE CARD

Early bird single @ \$399

Early bird double + pass @ \$369

Early bird triple + pass @ \$330

Full fee @ \$499 (starts 2 weeks prior to event date)

5-yr Refresher course @ \$199

## REGISTRATION

Register online [www.parentshop.com.au/engaging-adolescents/](http://www.parentshop.com.au/engaging-adolescents/)

NAME		
ORGANISATION		
STREET ADDRESS		
SUBURB	STATE	P/C
EMAIL		
PHONE	FAX	

Quantity

COURSE LOCATION / DATE

DIETARY REQUIREMENTS

Terms & conditions of enrolment apply

## PAYMENT METHOD

Credit Card (Mastercard/ Visa)  Invoice

NAME ON CARD	
CARD NO	
EXPIRY	CCV

Cheque payable to Parentshop PTY LTD enclosed

## SUBMIT

SCAN & EMAIL [info@parentshop.com.au](mailto:info@parentshop.com.au)

FAX 02 6680 8900

CALL 1300 738 278

I agree to the terms & conditions

Visit <http://www.parentshop.com.au/terms-conditions-scheduled-courses/>

### EXPECTED LEARNING OUTCOMES

- The ability to conduct the Engaging Adolescents™ program, as either a three-meeting parent education course or one-to-one.
- Knowledge to teach parents about adolescent challenges and how to hold reasonable expectations of their adolescent.
- Knowledge of easy-to-use techniques that parents and carers can use to enlist adolescents to manage their own behaviour and emotional reactions, to build a relationship with their teenager and strategies to deal with unacceptable behaviour.

### LESSON FRAMEWORK

- The practitioner training course curriculum for working with parents.
- The common ground shared by parents.
- What are reasonable expectations to hold about adolescents?
- New understandings of adolescence: social landscapes, brain snaps and body makeovers.
- A three-option model and flowchart for decision-making to manage a teenager's problem behaviour.
- Option 1 – Self check for parents: how to bring awareness to family of origin issues, trauma issues and how to avoid over-reacting or becoming continuously angry with their teenager.
- Option 2 – Build their relationship: How to strengthen the bond they have with their teenager and make the best of non-crisis conversations.
- Option 3 – Tough conversations: how to handle discussing those problems they can't ignore. This includes how to figure out the problem, how to prepare for engaging their teenager in a tough conversation, and how to set up agreements.

### WHAT PROFESSIONALS ARE SAYING...

Great tool for professionals to support parents with teens with both normal challenging behaviours, as well as those whose patterns require firm but fair understanding of complex issues.

**MARIANNE NASTEVSKI, INTEGRICARE CHILDREN'S CENTRE**

Well presented, insightful information targeted at real life rather than theoretical perspective. Easy to understand and implement into families with very few resources.

**AMANDA GOFF, STRATHFIELD ONE STOP CHILD CARE SERVICE**

### ABOUT

**THE COURSE CREATOR** \_\_\_ Michael Hawton, MAPS.

Michael Hawton is a psychologist, trained teacher and author. He has worked as an expert witness in The Family Court of Australia and The NSW Children's Court. He is a highly experienced mediator and has developed several nationally recognised parenting, practitioner and teacher PD courses. These programs have been taught to over 110,000 professionals, parents and teachers since 2006.

**OUR PRESENTERS** \_\_\_\_\_

Our dynamic and engaging presenters have been sourced from a variety of professions and bring with them years of practical experience within their chosen field.